

Coaching Mid-Point Questionnaire

Client Name:

Coach:

Date you started your coaching relationship:

Today's Date:

1. What area(s) of your life did you initially want to work on when you started coaching?
2. What progress are you making progress in reaching your goals?
3. What has been getting in your way of reaching your goals?
4. What have been the "surprise" learnings from your coaching experience?
5. What are the goals you want to achieve as you continue?
6. What are your learning priorities at this time and going forward?
7. What is not working in our coaching relationship? What would you like to change in our coaching engagement?
8. How can I better serve you as a coach?

Any other comments?